# Patience: Learning to Wait Without Giving Up

A SHORT BIBLE TEACHING FOR YOUNG PEOPLE

Main Thought: Patience means trusting God, doing what is right, and not giving up when we have to wait.

## 1. Why Is Patience Important?

Have you ever wanted something so badly that you didn't want to wait?

Perhaps you wanted:

- An answer to a prayer.
- A new opportunity.
- A problem to go away.
- Something to happen right now!

We live in a world where people want everything immediately. But God teaches us something important: Some things require faith and patience.

Hebrews 6:12 (NKJV)

"That you do not become sluggish, but imitate those who through faith and patience inherit the promises."

Patience helps us keep trusting God even when we cannot see what is happening yet.

Think about it:

1. Why do you think waiting can be difficult?
2. Have you ever given up on something because it took too long?
3. What could happen if you learned to be more patient?


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# 2. What Happens While We Wait?

Waiting is not wasted time!

Sometimes, while we are waiting, our faith is being tested and patience is being developed.

James 1:3-4 (NKJV)

"Knowing that the testing of your faith produces patience. But let patience have its perfect work, that you may be perfect and complete, lacking nothing."

Think about a seed planted in the ground. You cannot see it growing immediately. It takes time, water, and care before it becomes a plant.

Our faith also needs time to grow.

Think about it:

1. What does a seed teach us about patience?
2. What might happen if someone digs up a seed every day to see if it is growing?
3. How can waiting help you become stronger?


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# 3. What Should We Do While We Wait?

We should not spend our waiting time worrying, becoming discouraged, or giving up.

Instead, we can:

- Pray: Talk to God about what concerns us.
- Read: Learn what God's Word says.
- Trust: Believe that God is faithful.
- Act: Do what God's Word teaches us.
- Continue: Don't give up when things become difficult.

Romans 8:25 (AMP)

"But if we hope for what is still unseen by us, we wait for it with patience and composure."

Remember: Jesus used God's Word when He was tempted. We can also learn God's Word and use it when wrong thoughts, fear, and discouragement come.

Think about it:

1. What are three things you can do while waiting?
2. What should you do when worry or fear enters your thoughts?
3. Why is it important to know God's Word?

# 4. A Challenge: Don't Give Up!

Hebrews 10:35-36 (NKJV)

"Therefore do not cast away your confidence, which has great reward. For you have need of endurance, so that after you have done the will of God, you may receive the promise."

Patience does not mean doing nothing. It means continuing to trust God and obey His Word while you wait.

Don't let a difficult day make you forget what God has taught you.


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Remember these four words:

# PRAY

Talk to God.

# TRUST

Believe His Word.

# WAIT

Don't become discouraged.

# CONTINUE

Keep doing what is right.

## 5. Personal Questions: Let's Apply What We Learned!

1. What is patience?

Getting everything I want immediately.
Trusting God and continuing to do what is right while I wait.
Giving up when things get difficult.

2. According to James 1:3, what does the testing of our faith produce?

Fear
Anger
Patience


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3. What should you do when worry enters your thoughts?

Let worry control me.
Turn to God's Word and trust Him.
Give up.

4. Which is a good thing to do while waiting?

Pray, read God's Word, and keep going.
Complain and become discouraged.
Stop trying.

# Closing Challenge

This week, when something doesn't happen as quickly as you want, stop and ask yourself:

- Am I trusting God?
- Am I allowing worry to control my thoughts?
- Am I continuing to do what is right?

Closing Prayer

Heavenly Father, help me develop patience. Teach me not to give up when things are difficult or when I have to wait. Help me trust Your Word, control my thoughts, and continue doing what is right. Thank You for being faithful. In Jesus' name, Amen.

Take this thought with you:

Don't waste your waiting time worrying. Use it to grow in faith, develop patience, and learn to trust God.

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